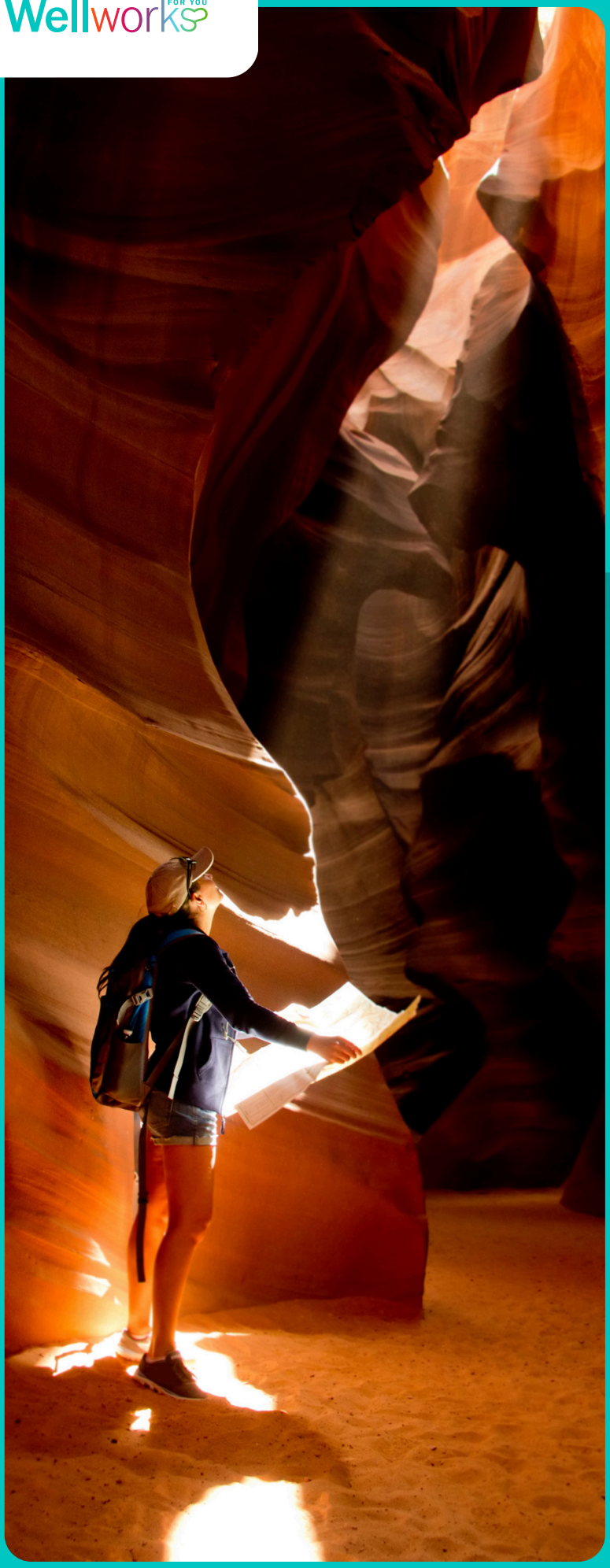
Wellworks FOR YOU



Air Group
HEATING COOLING PLUMBING ELECTRICAL
SINCE 1965

2026-2027 Wellness Program

Download the Mobile App

Access your Wellness Program information, submit forms, and track your progress — all in one place. Connect with our wellness team and stay on top of your goals, right from the app.

GET IT ON Google Play

Download on the App Store

Need Support or Have Questions?

For questions about your Wellness Program, including your status or deadlines, select Support on the Portal homepage or in the Mobile App.

Need Live Assistance?

Chat Live:
Monday to Friday 9:00 am ET to 5:00 pm ET

Our "Chat Live" feature will give you access to chat with one of our helpful representatives during our regular business hours to answer any questions and guide you on a path towards wellness.

Phone Support:
Monday to Friday 8:30 am ET to 7:00 pm ET

You can also call 800.425.4657 to reach the Wellness Team during our regular business hours.

2026-2027 WELLNESS PROGRAM

Overview

Get Started

Welcome to your 2026-2027 Wellness Program. Medically enrolled employees and covered spouses can earn an incentive for completing the wellness program requirement.

Earn Your Incentive

Medically enrolled employees and covered spouses must obtain an annual physical with lab work and record completion via the Physician Results Form by May 1, 2027, to earn a $500 annual Health Insurance Premium Reduction effective June 1, 2027.

Appointments completed with exam dates between May 2, 2026 and May 1, 2027 will qualify for credit.

Please note: The employee incentive is contingent on spousal completion if spouse is also enrolled in Air Group's health insurance plan.

Log in to the Wellness Portal

To track your participation, you must be registered on the Wellness Portal. Follow the steps below to log in.

Your account has been created for you.

1. Go to **www.wellworksforyoulogin.com** and enter your username and password
2. Select **Login**
3. Accept the terms of the **Consent Form**
4. Fill in the required information

Click **Forgot Username** or **Forgot Password** to recover your login; if needed, utilize the Live Chat feature for assistance.

	Employee	Spouse
Username Format	AIR + First Name + Last Name + MMDD	AIR + First Name + Last Name + MMDD
Password Format	Birthdate in MMDDYYYY	Birthdate in MMDDYYYY
Example	UN: AIRJohnSmith0807 PW: 08071985	UN: AIRJaneSmith1226 PW: 12261986

Please Note:
Use the temporary password for your first login only—you'll be prompted to set a new one. If you've logged in before, use your existing password.

In accordance with HIPAA confidentiality laws, your individual data is accessible only to you and the third-party vendor, Wellworks For You.

2026-2027 WELLNESS PROGRAM

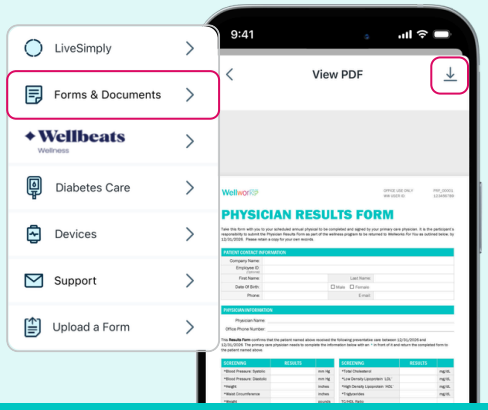
Forms

Instructions

Access, download, complete, and submit your program forms and documents in the Wellness Portal or Mobile App.

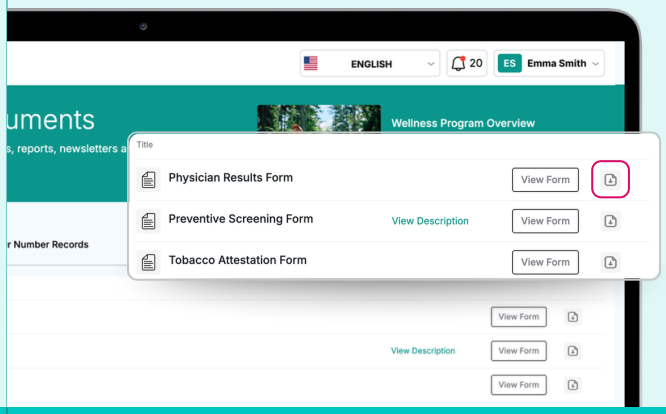
Download via Mobile App

Go to **Forms & Documents** via the menu. Tap the form you need, then tap the download button in the top-right corner.



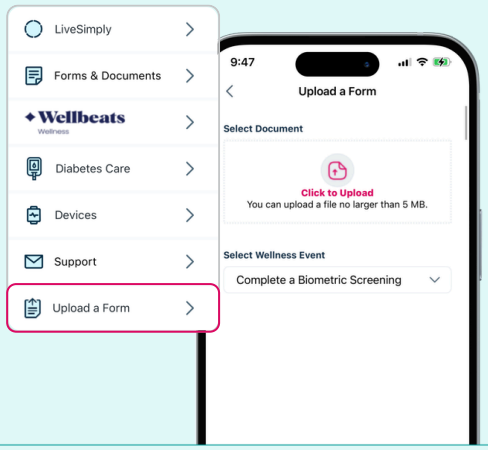
Download from Portal

Go to **Forms & Documents** via the sidebar under **My Program.** In the row of the form you need, click the download button to download the form.



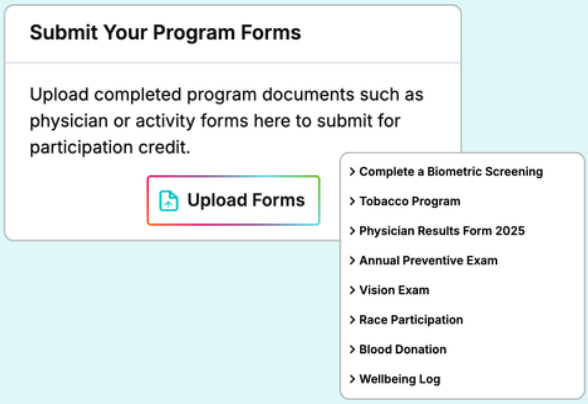
Upload via Mobile App

Go to the **Upload a Form** tab in the top left menu, select **Click to Upload**, and choose the relevant event from the Select Wellness Event drop-down. Users are limited to **one (1)** file per submission.



Upload to Portal

Click **Upload Forms** on the Home page. Select the event title from the dropdown and upload your form. Users are limited to **one (1)** file per submission.



Please Note:
Wellworks For You requires 7–10 business days to process submitted forms and update your Wellness Portal.
It is your responsibility to submit all required documents, and we recommend keeping a copy for your records.

2026-2027 WELLNESS PROGRAM

Resources

Explore these optional resources to support your wellness journey. They are here to help, but not required for the wellness program incentive.

Learning Center

Explore health topics and boost your wellbeing with the Learning Center. This is an optional resource that is not required to complete in order to earn the incentive.

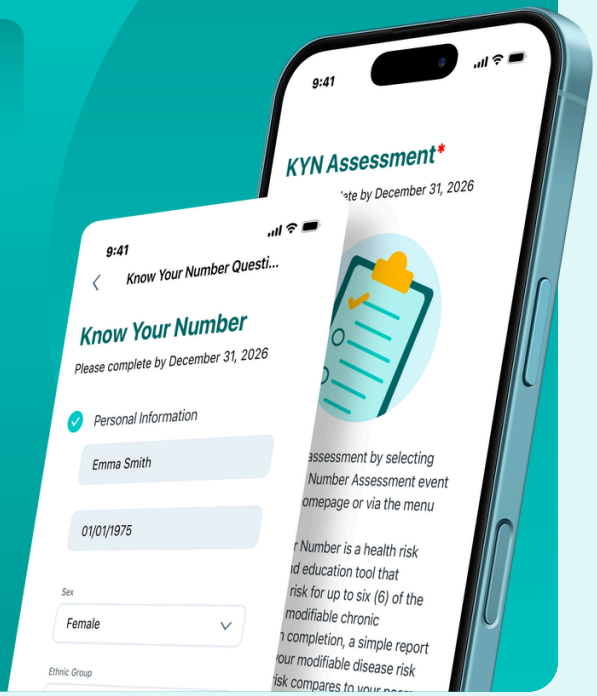
Please Note: Google Chrome is the recommended browser when viewing the Learning Center on the Wellness Portal.

Wellness Challenges

Our wellness challenges encourage healthy habits with fun activities and friendly competition, focusing on areas like fitness, mindfulness, and nutrition.

KYN Assessment

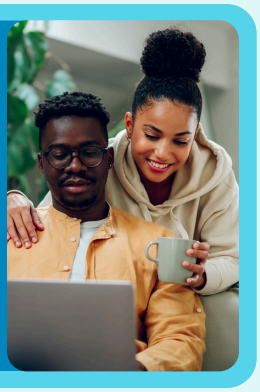
Know Your Number is a quick, confidential health assessment that provides a personalized risk score based on your unique health data. It helps you understand your current health status and identify areas for improvement, empowering you to take steps toward a healthier future.



Download the Mobile App

GET IT ON Google Play

Download on the App Store

Monthly Webinars

Wellworks For You provides monthly webinars on a variety of wellness topics, including mental health and financial wellness. These live sessions are led by industry experts, offering valuable insights and practical tips to support overall wellbeing.