



MARCH

Take Charge of Your Prescriptions: Generics and Mail Order Savings

What are Generic Prescription Drugs?

A generic prescription drug is a medication created to be the same as an already marketed brand-name drug in dosage form, safety, strength, route of administration, quality, performance characteristics, and intended use. These similarities help to demonstrate bioequivalence, which means that a generic medicine works in the same way and provides the same clinical benefit as the brand-name medicine. In other words, you can take a generic medicine as an equal substitute for its brand-name counterpart.

Because generic drugs offer the same effectiveness as brand-name medication, often at a lower cost, they are a great option for managing your prescriptions affordably. To maximize these savings and add convenience, consider using the Express Scripts Mail Order Program.

Express Scripts Mail Order Program

To maximize these savings and add convenience, consider using the Express Scripts Mail Order Program. With this program, you can save money by receiving a 3-month supply of medication instead of monthly refills. You will also enjoy the convenience of having your medications delivered directly to your home, allowing you to skip trips to the pharmacy and save valuable time.

Getting Started

- **For new prescriptions**, you can ask your doctor to send a 3-month supply electronically to Express Scripts Pharmacy, which is the fastest option. You may also register or log in to your Express Scripts account or app, select **"Request an Rx,"** and follow the prompts, or call the number on your prescription ID card and Express Scripts will contact your doctor for you.
- **For current prescriptions**, simply log in at [express-scripts.com](https://www.express-scripts.com) and check **"My Medications"** for those eligible for home delivery. If refills are available, add them to your cart and place your order—Express Scripts will handle the rest. It is helpful to let your doctor know that Express Scripts may reach out.

Filling Maintenance Medications by Mail Order

- Those enrolled in the **Middle Plan** or the **High Plan**, you can receive up to a 90-day (3-month) supply of medication at the cost of two retail copays.
- Those enrolled in the **Low Plan**, you can receive up to a 90-day supply. You are responsible for the cost of the medication prior to meeting your Tier 1 deductible. Once your Tier 1 deductible is met, you will pay 30% coinsurance until you reach your out-of-pocket maximum for the plan year. Members in the Low Plan may receive greater discounts through mail order compared to purchasing at a retail pharmacy.

Please note: This information is for educational purposes only and is not intended to replace professional medical advice, diagnosis, or treatment. Always consult your healthcare provider for medical concerns. Please refer to your plan documents for specific benefit details and limitations.

For additional information about managing your prescription plan or for questions regarding your account or coverage, visit [express-scripts.com](https://www.express-scripts.com) or call 800.282.2881 to speak with a representative.

Tip! At your doctor's visit, ask if there are generic alternatives available for your prescriptions, as they typically cost less than brand-name drugs. Always ask: "Is there a less expensive option that is just as effective?"



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